

# **Top Ten Ways To Tell If Your Intuition Is Working**

1. When the phone rings, you know who is calling.
2. You suddenly “know” something without understanding why you know it.
3. You sense an unseen presence guiding you.
4. You have a new perspective on your body; your body feels different than it has in the past.
5. You write without consciously thinking about what you are writing.
6. Smells seem much more intense.
7. Sounds seem clearer and more distinct.
8. You are aware of repeating patterns throughout your day to day existence.
9. The world suddenly seems out of sync.
10. The world suddenly seems in sync.

Feel free to add on to this list.